



Laser Hair Reduction **Pre-Treatment Instructions**

For best results, please follow these pre-treatment instructions:

- **Avoid sun exposure and self-tanners** in treatment area 2 weeks prior to laser treatment. Use a broad spectrum (UVA/UVB) sunscreen with a SPF of at least 30 daily.
- **Avoid bleaching, tweezing or waxing** hair 4 weeks prior to treatment.
- **Hair should be cleanly shaven prior to your appointment.** A \$50 prep fee will be charged for clients who arrive unshaved.
- **If treating the face, avoid any irritants to your skin** such as products containing Tretinoin, retinol or Benzoyl peroxide for 1 week before your treatment. Also arrive wearing no makeup or lotions.
- Please discuss with the technician and/or nurse any medications you are currently taking as well as any health concerns you may have prior to your treatment. If you have been on **antibiotics** you must finish the last dose, then wait 1 week prior to treatment. It can stay in the system and cause photosensitivity.
- History of herpes or cold sores may require an anti-viral prescription prior to treatment.