



## **Microdermabrasion Pre-Treatment Instructions**

- **One (1) week prior to treatment, the following treatments and products should be avoided:**
  - Waxing, depilatories, electrolysis, or laser hair removal on treated area
  - Laser skin rejuvenation on treated area
  - Botox® & Dermal Filler Injections on or around the treated area
  - Any professional exfoliating treatments
  - Exfoliating masques, loofahs, and other coarse sponges
  
- **Three (3) days prior to treatment, discontinue use of the following products:**
  - Tretinoin or any retinoic acid derivatives (Retin-A, Renova, Refissa, Retinol, Atralin, Avita, Tazorac or Avage, Ziana), Azelex, Differin or products with high levels of alpha hydroxy acids, salicylic acid, or hydroquinone.
  
- Avoid shaving the day of the treatment.
  
- Clients with a history of recurrent herpes outbreaks should be treated with Valtrex® on the morning of the treatment and continue as prescribed.